

Guidelines for Keeping Children at Home

The following are some guidelines for keeping children who are ill at home. These are the same guidelines we use in determining when to send a child who is ill home from school. It is important that the school has **current home, work, and emergency telephone numbers**.

KEEP CHILD AT HOME WITH ANY OF THE FOLLOWING:

1. Nausea, vomiting, and/or diarrhea, may return after 24 hours of no vomiting and/or diarrhea.
2. An earache, ear drainage, sore throat, persistent cough or runny nose-only if the discharge is yellow or green.
3. An oral temperature over 100 degrees. Temperature should remain normal for 24 hours before a child returns to school. A normal temperature in the morning may increase to a fever by early afternoon or evening. Please call your health provider for questions on what over-the-counter fever reducer you should give your child. A headache and/or stomachache in combination with other symptoms i.e. cough/sore throat. Headaches or stomach aches can indicate that the child is getting sick. If it is a single complaint, please use your best judgment.
4. A communicable skin rash such as scabies, impetigo, or ringworm. Children may return to school after proper treatment.
5. An infection in one or both eyes, commonly known as pink eye (conjunctivitis). The whites of the eyes will usually appear pink or red, may be painful and itchy, there may also be white/yellow matter in or around the eye.
6. A communicable condition including chicken pox, measles, mumps, rubella etc.

A child with a parental request to keep the child in for recess is too ill to be at school. We cannot honor these requests. Please remember children are in close contact with other children at school. When a child is kept home from school when the first sign of illness appears, it helps prevent the spread of illness. Good hand washing is also a great way to prevent the spread of illness.

Your child will recover faster if he/she gets plenty of rest and proper care early when signs and symptoms first appear. If your child's illness persists or you have any questions, please call your healthcare provider.

Your assistance in helping keep your child/children healthy is greatly appreciated.

Healthy children learn better.

Sincerely,

Theresa Libby, Principal

J A Wendt Elementary School
John C Thomas Middle School