



JULY 16 - AUG 16

LUNCH IS ON US!

KIDS EAT **FREE**, MONDAY - THURSDAY

Sack lunches will be provided to all kids this summer at JA Wendt Elementary. Community members have joined together to make **Healthy Kids** a priority. Eat at the school or take it with you. **Thursday's are Special!** We invite you to take your sack lunch and walk across the street to the Hope Center and join our local Senior Citizens for a shared meal. Together, you can:

EAT, PLAY, READ!

Yes, you can help! Financial support can be dropped at The Eagle on Main St. or checks can be mailed to:

- *Kiwanis Club of Cathlamet
PO Box 515 Cathlamet WA 98612*

*You can also **Volunteer** to prepare and serve lunches! Call Shiela or Suzanne to find out more.*



Special thanks to Kiwanis Club of Cathlamet for their support of this project. Their motto is:

“Serving the Children of the World”

**LUNCH IS
SERVED
12:00 - 12:30**

**MEET YOUR
FRIENDS**

**LEARN ABOUT
HEALTHY
EATING**

**SPECIAL
GUESTS**

FREE!

**For More Info:
Please call**

**Shiela Nadgwick
360-795-0224**

**Suzanne Holmes
360-430-3771**



LUNCH IS ON US! KIDS EAT FREE!

JULY 16-AUGUST 16, Monday - Thursday

Grab your lunch, grab a book. Feed your body and feed your mind.

Join your friends at JA Wendt at noon for a **FREE LUNCH**. If you can't get to the school, we will get your lunch to you.

Call Ginger Hake at 360-795-8630 Ext. 236 to order your lunch. You will be asked to provide a name, contact phone number, number of lunches and ages of kids, and which stop you will meet the bus at. The bus operates on a Fixed Schedule, so times are not flexible. **Bus Deliveries begin July 23.**

Every Thursday there will be **FREE BOOKS** available at the school and on the bus. Also, on Thursdays kids can join our local Senior Citizens for lunch at The Hope Center. Grab your lunch bag and a book at the school and walk across the street for **EAT, PLAY, READ**. Lawn Darts, Bocci Ball, board games and reading. Make a new friend this Summer! Join the fun.

BUS STOP	TIME	BUS STOP	TIME
Erickson Park	11:14	West Little Island	12:17
Indian Village	11:17	Heritage Church	12:25
Chevron	11:25	Svenson Park	12:35
Boege & Clover	11:27	West Sunny Sands Stop Sign	12:38
Cochran & Delores	11:29	East Sunny Sands Park	12:40
M St.	11:32	East Sunny Sands Stop Sign	12:42
7th Day Adventist	11:40	State Rd.	12:44
Gragg's	11:50	Our Saviors Lutheran Church	12:49
Hope Center (320 3 rd)	11:53	Fire Dept.	12:53
St. Catherine's Church	11:55	East Little Island Rd.	12:55
Hotel	11:57	Greenwood Cemetery	1:05
2 nd & Una	12:09	Cedar Lane	1:07
Marina	12:11	Skamokawa Fairgrounds	11:57

THANKS TO WAHKIAKUM ON THE MOVE FOR MAKING THIS OPPORTUNITY AVAILABLE TO OUR KIDS!



EAT



PLAY



READ

We want to connect our wisest generation with our newest generation. What better way than to **EAT, PLAY and **READ** together.**

Make this your best summer yet!

CHILDRENS SUMMER READING PROGRAM

LIBRARIES ROCK!

2:30 – 3:45 PM WEDNESDAYS

CATHLAMET LIBRARY

Kid's Grab FREE Sack Lunch at JA Wendt NOON – 12:30

Head over to the Hope Center 320 S 3rd St.

Games/Activities for Kids & Seniors

Book share and reading time

THURSDAYS 12:15 pm – 1:15 pm

July 19

July 26

August 2

August 9

August 16

NEED MORE INFO?

Suzanne Holmes 360-430-3771

Shiela Nadgwick 360-795-0224



COOKING MATTERS FOOD DEMONSTRATIONS

MONDAY FUN WITH FOOD

Sponsored by WSU Extension & 4H

WHAT: Summer Lunch Program – Enjoy a free lunch and learn about Healthy Eating. Prepare your own food!

WHERE: JA Wendt School, Cathlamet

WHEN: Noon – 12:30 pm

WHO: All kids up to 18

July 16 Veggie SuperHero, Fruit Clown Face

July 23 Drink Smart – make your own fruit smoothies, Raspberry Lime Fizz

July 30 Tuna Boats

Aug 6 Trail Mix and Cucumber Sammies

Aug 13 Veggie Wraps



For more info: Carrie Backman carrie.backman@wsu.edu